



Illinois Sleep Society Virtual Conference

<https://illinois-sleepsociety.org/>

Saturday October 2nd, 2021

Accreditation: Continuous Education credits will be provided
All times are CST

 @SleepIllinois

- 8:20 am** **ISS Annual Board Meeting - OPEN TO ALL**
President: Nidhi Undevia; President-Elect: Alejandra Lastra; Treasurer: Ma. Therese Galang
Board Members: Kevin Adley, Henry Arantes, Jennifer Mundt, Pallavi Patwari, Irina Trozman
- 8:50 am** **Welcome & Opening Remarks**
Nidhi Undevia, MD
- 9:00 am** **The Future of Sleep Medicine. *Keynote speaker - Kannan Ramar, MD**
35th President of the AASM. Professor of Medicine, Division of pulmonary, critical care & sleep medicine at Mayo Clinic- Rochester, Minnesota
- 9:30 am** **Therapeutic Management of OSA in Children with Obesity - Indra Narang, MD**
Professor of Pediatrics, Associate Chair of Faculty Development and Equity, Diversity and Inclusion, Hospital for Sick Children, University of Toronto. Canada
- 10:00 am** **Break and Raffle**
- 10:15 am** **Challenges in Adherence to Continuous Positive Airway Pressure - Terri Weaver, PhD**
Dean and Professor- University of Illinois at Chicago College of Nursing
- 10:45 am** **Pathophysiological Endotyping in Patients Treated with a Mandibular Advancement Device and Upper Airway Stimulation for Obstructive Sleep Apnea - Olivier M. Vanderveken, PhD, MD**
Chair - Department of ENT, Head and Neck Surgery at Antwerp University Hospital. Professor of Medicine University of Antwerp, Belgium
- 11:15 am** **Break and Trivia Games**
- 11:30 am** **When Dreams Leave the Night - Julie Flygare, JD**
President & CEO Project Sleep & Award-winning author: "Wide Awake and Dreaming: A Memoir of Narcolepsy" Patient Perspective Leader and Advocate
- 12:00 pm** **Cognitive Behavioral Therapy for Insomnia (CBT-I) on the Web - Jessee R. Dietch, PhD**
Assistant professor - School of Psychological Science at Oregon State University
Co-founder CBTIweb.org -Web-based provider training for CBT-I
- 12:30 pm** **Raffle & Closing Remarks**
- 12:40 pm** **Subcommittees - Break Out Rooms (board member leader/liaison)**
- Pediatrics (Irina Trozman, MD)
 - Continuing Education (Alejandra Lastra, MD)
 - Communications (Henry Arantes, RPSGT)
 - Sleep Technicians (Kevin Adley, RPSGT)
 - Advocacy (Jennifer Mundt, PhD)
 - Dentistry (Therese Galang- Boquiren, DMD, MS)

Accreditation statements for continuing education

In support of improving patient care, **Rush University Medical Center** is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Rush University Medical Center designates this live activity for a maximum of Three (3) *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Rush University Medical Center designates this live activity for a maximum of Three (3) nursing contact hour(s).

This activity is being presented without bias and without commercial support.

Rush University is an approved provider for physical therapy (216.000272), occupational therapy, respiratory therapy, social work (159.001203), nutrition, and speech-audiology by the Illinois Department of Professional Regulation.

Rush University designates this live activity for Three (3) Continuing Education credit(s).

Rush University Medical Center designates this activity for Three (3) CE credits in psychology.

“Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists.”

“This program has been approved for 3.0 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425, N. MacArthur Blvd, Suite 100, Irving TX 75063.”

Continuing Education Credits (CEC) certificates are issued via the **American Association of Sleep Technologists (AAST)** CEC Portal and use AAST IDs as unique identifiers in order to store issued certificates in each recipient's transcript. ***Please note all attendees of AAST-approved events who wish to claim AAST Continuing Education Credits must have an AAST User ID in order for the Illinois Sleep Society to report post-event attendance. Attendees must have at least a free guest account with the AAST to obtain a User ID. Please direct any questions or comments to cecprogram@aastweb.org for more information.***